



**Walper Hotel
a hidden gem**
Historic and
contemporary,
it has it all
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SPOKE

A LEARNING NEWSROOM FOR JOURNALISM STUDENTS



**Handbag
for education**
Designer
helps women
go back to school
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MONDAY, MARCH 26, 2012

CORVALLIS COLLEGE, CORVALLIS, OR.

WWW.SPOKEDAILY.COM

SIXTH YEAR — PG. 11

Enter the dragon's den

By **ANDREA BIRD**

Three entrepreneurs founded their newest and shiniest start-up studio on March 16 for a chance to enter the dragon's den.

One of the 40 nationwide across Canada for CBC's hit show *Dragon's Den* was held in the Acceleration Building at the University of Waterloo's Center for Enterprise Entrepreneurship and Technology.

Francis Woodhouse, an associate professor for the show, was overseeing possible participants throughout the day.

"It's not even a business as we said people just to come down. They can fill out an application online or fill out one here. We said them to pitch to us like they would pitch on the show," said Woodhouse. "Anything that's pitched here we take back to our team and pitch it to them and we decide what's right for the show."

With a wrap. It's great for people who have things to say about things," Van Liefeld said.

Van Liefeld says a making her organic wrap stores years ago for family and friends and began selling them two months ago when a health food store in Sharon, Ont. was intrigued by her product. She came to the studio with the intent of being able to use their product her wraps as a menu item.

"I can only do so much on my own before I need some more for equipment," Van Liefeld said.

One of Woodhouse's favorite pitches that day was for an online nutrition subscription called *Make Your Body Work*, which promises the use of short, weekly gym memberships to work out at home.

"We had this great online system where we would post new workouts every week. So you would subscribe to it for \$1 a week and they were just great body workouts, especially if you were female," Woodhouse said. "We figured out how to capture that market, that doesn't have time to go to the gym but they have all minutes at home to do a workout. We was really surprised and passionate about what we were doing."

Of the 40 people who pitched, Woodhouse said six of them could make it to the show.

"You get some really interesting stuff when you're on the road. People take their businesses very seriously as it's very important to them that we give them the respect of audience," Van Liefeld said. "You never know what's going to be the next big money maker. What you may think is only going to be an amazing idea."

RETIRED TEACHER A REAL WOODSMAN



PHOTO BY KAREN BARNES

Pete Flaherty is retired Corvallis County member. Despite a flu shot, a replica he hand-carved for Corvallis Museum in March. On Friday displayed the sub along with many of his birds and other woodwork at Knapman's woodworking show in Corvallis on March 18. See Page 8 for the story and more photos.

College partners with Laurier

By **ANDREA BIRD**

Woodhouse said promotion was the theme of March 16's College Connect meeting.

Woodhouse said, talking about everything from how to pitch college applicants, to loans and a new campus in London.

The campus is to be in collaboration with Wilfrid Laurier University, on their existing site at 15 George St. Corvallis president John Tibbits believes that this is a move in the right direction for the college.

"I never understood why there weren't closer partnerships between colleges and universities," he said. "This is a real opportunity for us to work closely with Laurier."

The initiative stems of the School of Business and Hospitality at Corvallis, Gary Hutton, is one of the organizers of the project. He

is working to ensure that students from both colleges and Laurier feel comfortable in the new environment.

"We'll be at Laurier, right in the Laurier building, right in the Laurier classroom," he said. "That the goal is for the students to be dual students. They're not going to be Corvallis students visiting at Laurier space. They will have equal use of all the facilities. They'll have no card. They will be co-branded students."

The programs offered at the campus will be mainly business-related, initially, but could eventually include health, media and liberal studies.

Woodhouse is one of the latest visiting officers in Ontario and, according to Tibbits, the people there are quite excited about the new campus. They're not the

only ones who are excited about the collaboration, however.

"It's not just a question of adding more programs," said Tibbits. "That partnership, I think, will raise our profile and make our brand even stronger."

I never understood why there weren't closer partnerships between colleges and universities.

— John Tibbits

"This is good news for Alan Vachon, the executive director of Regional Services & International Education, who is in charge of educational management strategies for the college."

See WWW.SPOKEDAILY.COM Page 2

I can only do so much on my own before I need more money for equipment.

— Joanne Van Liefeld

Now deep thoughts ... with Conestoga College

Random questions answered by random students
If you could participate in any event
during the Summer Olympics,
what would it be and why?



"High jump. When I was a little kid I always wanted to go to but couldn't."

Marissa Tibbels,
first-year
chemistry and criminal
justice

"Rowing. I like boating and
being on the water."

Brian Wilkford,
first-year
pre-health/health-care
education and training



"I don't know. I don't really
like sports."

Hope Smith-Moore,
first-year
business administration
management

"Hula... it would be
great to take your
aggression out on it."

Lauren Emmons,
first-year
general arts and sciences,
health studies



"Cycling. Because it would be
a lot of fun."

Sarah Martinis,
first-year
general arts and sciences

"Swimming. Because it's
so hot in the summer."

Galilea MacLean,
first-year
pre-health education



Smith-Conestoga, you could be my next respondent

Class and phones don't mix But cellphone policy not being enforced

By **ASHLEY WILSON-CORTELLLO**

You're sitting in the classroom watching an assignment or trying to listen to your professor give the day's lecture. The class is quiet except for the sounds of fingers flying across keyboards as you scribble on paper. Then a laptop screen flashes a cellphone goes off, the annoying ringtone dominating the room.

What is that on some people should be concerned about? Are students spending more time on their phones in class instead of school work? Is it really that much of a distraction?

The policy for cellphones in the classroom is that all phones, pagers and personal electronic devices must be turned off and removed from the desk during

class hours in a lecture to allow students more attention on because of an emergency situation for the student is asked to silence the professor before class begins. Any student who disrupts a class may be asked to leave the room. However, this does not always happen.

"They tell us not to have them out on the desk or anything but at sometimes that one on the desk they're not going to take just to put it away so long as you're not using it," said Nicholas Pomeroy, a first-year student in the post-grad health sciences management program.

Pomeroy said while the rule is usually met with a cellphone goes off in the classroom, the class had a disturbing expe-

rience during a test.

During a theory in the second year of the early childhood education program, that professor gave a similar cellphone policy.

"We are not supposed to have any cellphones used in the classroom," Tully said. "If you're expecting a call, leave it on vibrate. Then you have to leave the class to use it."

Although students don't always follow this rule, sometimes don't always follow it. Sometimes the student is asked to put her or his phone away but for the most part nothing happens.

Like Pomeroy, Tully doesn't usually react when a person's phone goes off in class. However she said sometimes she is tempted to just "take the phone and whip it."

Did You Know?



COUNSELLOR'S CORNER:

Winter Blues or Seasonal Affective Disorder?

Do you lack energy and feel like sleeping more? Are you always eating and gaining weight? Do you feel depressed? During the winter months, many of us have those symptoms and want to get away from the snow, cold and dark days. We call it the "winter blues."

For one in fifty Canadians this is a more serious problem called Seasonal Affective Disorder (SAD). SAD is a form of mood depression that occurs yearly during the fall and winter months. Four times as many women as men are affected, and it usually first occurs in early adulthood. Researchers believe the sleep-related hormone, melatonin is overproduced by some people in the winter when the days are shorter and darker. Bright light blocks the release of melatonin, and people with SAD have found bright light treatments to be very effective.

For many of us, more light will help in the winter. You can try taking more walks outside, participating in winter sports, turning on more lights inside and yes, of course, going south!

If you suspect you may have SAD, you can talk to staff in Health Services, or Counselling Services for more information.

A Message From Counselling Services

THANK YOU!

THANK YOU!

*Charitable *On *Students *Mental Services *Manga King

Counselling Services would like to take this opportunity to thank the above students for their generous donation to the fund. The Blues event on March 27, 2014. These students were prior students due to your generosity. Thank you to the many students who took the time to enjoy the "Impact" in the Autumn and a welcome to those about our long winter and snow.

Thank You from Counselling Services

Things don't have to happen for a reason

Lately I have been told that, "Everything happens for a reason."

It's been a recurring question of mine as to what does that phrase mean?

If "everything happens for a reason," what happens when the reason is unknown?

You're left with more unanswered questions, allowing your mind to process every little bit of what could have been but why continues to search when there possibly isn't a reason? It just simply happened.

I mean, sometimes we have control over the reason and there's when everything makes sense. For example you drive carefully and ended up getting into an accident and broke your arm. You created that accident and are in a suffering consequence.



Tiffany Wilson
Opinion

I think it is possible that some people take the phrase as if by using the phrase as a coping mechanism while they deal with difficult situations in their lives.

I find it's normally used when a person doesn't get a job or an idea worked, during a job loss and after the demise of a relationship. All that they happened to me in the past year.

My friend told these things happened for a reason over and over again, but kept my mind reeling for some thing that I believe happened by chance or accident.

because trying to look for the reason isn't impossible.

So I suggest instead of thinking every crisis or difficulty we face in our lives happens for a reason, thinking of it as it happened by chance or by accident.

According to an article written by Paul Thompson, a philosophy professor at the University of Waterloo, "Given if events that affect human lives do not happen by quantum chance, many of them should be viewed as the result of an accident, so the notion that they are the intelligible result of the intervention of independent causal chains."

This phrase that people using the word reason isn't actually the correct word to think the phrase. Because to say, defining the word reason is the best way to understanding the saying.

There are two ways of approaching it. Reason and religion. Let's start out simple. As I mentioned earlier, most of the time we have control over the reason when things happened. It's like a cause and effect model. If you decide to drink and drive, you take the chance of getting into an accident which could harm yourself or others.

However, when we face a circumstance and we are scared, as many of us just get stuck and up creating these circumstances in the company of a higher power.

This takes us into the second way of approaching the meaning of reason — one that I have a hard time wrapping my head around.

If there is a God out there, I find it hard to believe that he has managed to plan out a day to day destiny for every single person, animal and thing on this earth.

For example, you get in an accident because you had a drink and then drove. It is not because God planned it for you in order to teach you something. Instead you created your own fate.

It's just like I shared said in the article, "Life can be highly meaningful even if some things that happen are just accidents. Bad things and you deal with it."

I'm not suggesting religious beliefs are the cause of misunderstanding the phrase. I'm simply suggesting that we stop looking for a reason when there isn't one and end our life and its ramifications.

Media coverage of trials very different

In our society, heavily trial youth are held in the highest regard. But women, this is especially true.

They are constantly bombarded with info on TV saying them to look younger by pushing expensive facial products on them. They're told they're only please men if they're young and hot like the models who pose in magazine ads or at grocery store checkout lines.

As many of you know, March began with the trial of the black-haired, blue-eyed, eight-year-old, now kidnapped and killed one-year-old.

However, I believe not only as many of you will have of the Nader Gadi trial. The 28-year-old, slightly overweight brunette was shot twice as she walked to a bus stop near her home in Rochester three years ago.

These murder trials have had their gruesome details dramatically told by the new outlets who cover them. In



Andrew Scobey
Opinion

Scobey's case, the media attention has been national, with the trials and trial proceedings that coverage of the trial while Gadi's trial has mostly local coverage.

In first-year journalism, we learned about the criteria which make a story newsworthy. Some of them include timeliness, significance, proximity, prominence and human interest. It was used to measure the Scobey and Gadi stories by each of these criteria, they would be equally newsworthy.

However, there is one exception. Human interest stories are unique in that they often disregard the standard rules of newsworthiness. This is due to how they draw closer than other

stories, tend not affect a large group of people and the location of the story can be significant.

With human interest in mind, we can see how Scobey's trial has become a national story, however, as the case facts we should also see how the story was different.

With the publication of this story, our national media has decided what should interest us and what doesn't.

However, I'd like to believe everyone agrees that a life's value cannot be measured against a media based age and physical appearance alone.

In fact, they shouldn't enter into the equation at all.

With that being said, we should all take a minute to think about why we're read a story about the murder of a 28-year-old Rochester girl with blond hair and blue eyes and how little we're told about the murder of a 28-year-old Rochester woman with brown hair and eyes.

Career and Employment Information

Rapid Resume Review Clinics

An Appointment Required
Westchester campus: March 27, 10am - 12pm, Ontario-Caledonia
Ontario-Caledonia campus: March 27, 2 - 4pm, Ontario-Caledonia
Stamilton campus: April 1, 10am - 12pm, LCC Lanes Station
April 8, 10am - 12pm, LCC Lanes Station
April 8, 10am - 12pm, LCC Lanes Station
Cambridge campus: April 1, 10am - 12pm, Airline
April 4, 10am - 12pm, Airline

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This path is a successful and satisfying career long for with understanding yourself. Typeforce is an online career tool that provides a personality, interests and values. It's built on 30 years of valid staff and provided that you can apply to career decisions. Once you've used what makes you unique, you can find the best fit for your career and start your journey.

Interested? Book an appointment with a Career Advisor to see what Typeforce. Visit our Career Services, LCC 101, call 800-764-0000, or 2024.

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COMPTON COLLEGE OF ARTS & DESIGN

DON'T DELAY YOUR TAXES
THIS YEAR, WE ARE
HERE TO HELP!

TAX TIME!

FREE STUDENT TAX CLINIC

Tuesday March 27th 2012

From 2 pm until 4 pm

In Room 2A140

Wednesday March 28th 2012

From 3 pm until 5 pm

In Room 2A302

NEED HELP?

COME TO THE CSI OFFICE
ROOM 2A106 TO PICK UP
YOUR PERSONAL INCOME
TAX CHECKLIST FORM!

2011 Taxes

WINTER'S OVER EARLY THIS YEAR



PHOTO BY STEPHEN MILLARD

The air was brisk, the lake was calm. Photographers, runners and couples gathered on the sandy banks of Southamption to watch the sunset over Lake Huron on March 20.



PHOTO BY KYLEEN BEN BOON

Rudge Knipstein and Corinne Harvey play the drums of Bobobo: there on March 18. Knipstein was just passing by when she decided to try one of the drums and was surprised to find she was a natural.



PHOTO BY KYLEEN BEN BOON

The trees outside Gonzaga's Brown campus started to bear fruit through spring break's chilly winds.



PHOTO BY KYLEEN BEN BOON

First-year go-health student, Sami Brooks, lounges on a picnic table by the pond on campus before class. Warmers temperatures have left many students feeling the heat and opting for summer clothing.



Fintley is a noted Carveridge faculty member and master woodworker, displayed his crafts and tools at Binghamton's woodworking show at Kitchener on March 18. Above, Fintley holds a woodman figure he carved. "It reminds me of my dad, he was a woodman." Fintley said between conversations with visitors at his booth.



Fintley takes a moment to teach a young girl about wood carvings. Here she sees a long wooden stick to make Fintley's honeyjack figure dance. Its head, arms and legs are all connected in more independently. Fintley purposely dresses like his wood creation.

CARVING CHARACTER

By KAREN HAYNES

He's attended a master woodworker, and for good reason.

Peter Fintley, a noted woodworking faculty member from Carveridge College, has completed enough projects to warrant this reputation.

These projects include a 1930s Chrysler Imperial and a child's Noah's ark replica, constructed by Charlie Kitchener in Binghamton, Ont. Both give strong evidence to his passion for woodworking.

"It's all about the process," Fintley said in reference to each project as he watches them come to fruition.

This is a recurring theme that runs through Fintley's life. Another theme that he incorporated into his 20 of years teaching while at Carveridge and living prepared his each opportunity leads to success.

Initially, his life's story mirrors this recipe for success. Working 20 years in the woodworking industry prepared him for the teaching opportunity he had at Carveridge, in fact. This formula was again mirrored in his approach to teaching. Taking advantage of each "teachable moment" in the hallway or in a shop class he used was one way he reached the students and prepared them for future opportunities.

And his students were grateful for the extra efforts Fintley made. This was evident at Binghamton's woodworking show held March 18 to 19 at Kitchener, where many of his former students paid him a visit to talk shop and offer updates on their current careers.

"The extra work is done former students this weekend."

And yet, despite spending 30 years teaching, his trade at Carveridge Fintley is not a self-proclaimed woodworker. Instead, Fintley sees himself as an artist.

"I'm a special person, saying things more in 3D, as they are designed."



Fintley is a master craftsman that is not only a shaping, but also a carving. He is a master craftsman, including figures, houses, and cars, and he is the only one in the world, where it is now being produced.



“
I'M A SPECIAL
PERSON, SAYING
THINGS MORE IN
3D, AS THEY ARE
DESIGNED.”

— PETER FINTLEY

”

Reminders of his 20 years of teaching at Carveridge Fintley instructs a young student about their drilling methods when she visited his woodworking booth.

PHOTO BY KAREN HAYNES

A walk down memory lane

By JEFF BOWEN



The Walper Hotel is one of Edmonton's greatest hidden gems.

Located at 1 King St. W., the hotel has long served Waterloos Region and ones for 120 years and doesn't look like it's going to stop anytime soon.

Over three years, the hotel has changed names, changed owners and even shut down for a brief three-year period in the '90s.

Lots of people have travelled through the hotel including U.S. First Lady Hillary Clinton, Rosevelt who famously enjoyed her breakfast in the courtyard. The Walpers, wanting to honour Rosevelt did so by renaming the courtyard after her.

Another famous person Louis Armstrong once performed on the King Street balcony. Now guests can check out that special spot.

Canadian prime ministers used to live going to the hotel for political talks, including William Lyon Mackenzie King, Wilfrid Laurier, Pierre Elliott Trudeau and Lester B. Pearson.

When a person first walks into the hotel it seems like most others, with a standard lobby and elevators nearby. It isn't overly large, only having five floors, but what sets it apart is how the owners have been willing to adapt to society and all the changes that come with it.

Guest services manager, Deanna Haldeman, says the hotel continues to find a way

to stand out from other chain hotels.

"Certainly the history and the fact that every room is the hotel to unique one of the hotel apart," she said. "There isn't a lot of concept like a lot of the other hotels have which means we have a whole variety of room types. Every time there is a renovation done, they have to work with what they have and completely different ideas. Flooring that doesn't go in a traditional shape. This might not be a square, it might be a 'U,' it might be an 'L,' it might even be a 'V'."

The hotel is owned and run by Michael van Touben and is led by his wife Susan as coordinator Lindsey Shaugen, describes van Touben as a passionate person who is willing to listen and wants to keep the traditions of the hotel alive.

According to Haldeman, changes have been made to make the hotel modern by enhancing artwork in both the guest lobby and in the guest bedrooms.

"The idea behind that is to move forward and embrace a new generation of artwork," she said. "It's not just focusing on the historical details but trying to show people want to see more. Giving people the chance to embrace the two parts of Canadian culture, the art and our historical buildings and not trying to do that idea of keeping a lock-step in it, being in fresh when they don't take away from that."

The hotel recently released for new marketing campaign with the slogan being, "As

unique as you are."

The concept behind the idea was for the company to stay true to itself. The Walpers still wants guests to not only come for a good night's sleep but a few have the chance to explore it. The guests can check out the structure of the hotel and also explore the history behind it. With the changes to add art to the mix, the key was to get a different piece for each room. Every piece has its own story to tell which is similar to the hotel.

"By bringing in art by Canadian artists, not artwork and pieces of art so the pieces are the same, even this so, so these two things together again. It really enhances the idea of it being a unique building, of being a unique property and also having a unique history and own setup," Haldeman said.

The hotel staff wanted to help out environmentally so the company started the Walper Education Project in January 2019. They chose the building of an elementary school in Uxbridge as their project and have been raising money ever since. In fact, a dollar from each stay goes to the project. The company also decided to choose a dollar for every dinner served at any function at the hotel.

In addition, water bottles are now being placed in each room and if purchased the money goes directly to the fund. The hotel also wants the eye of people who share ask questions about the project and take the time to check out the hotel's website for more information.



PHOTO BY JEFF BOWEN

Hotell water is sold as a fundraiser.



PHOTO BY JEFF BOWEN

Louis Armstrong once performed at the Walper.

Purses with a purpose

Designer's creations help women in Third World countries

By **NARINA BERNARDINI**

Cambridge designer Joanne Jones creates hand bags in order to help women in Third World countries get a secondary education.

The 33-year-old woman always dreamed of making her own designs.

At the age of five, Joanne's mother showed her how to operate a sewing machine, and then left her unattended to practice stitching on paper, with an X-box in the machine.

When she returned, Joanne had designed, cut and sewn a stopless bikini out of two meters of forest green fabric.

At 18, Joanne was accepted into the International Academy of Fashioning and Design in Toronto.

Before she began her studies in 1986 August, Joanne was diagnosed with a blood cancer that had her hair falling through half of the first semester.

During the time she missed from school, her parents just asked her to study political science and economics in the evening.

The following year, Joanne was enrolled at McMaster University, putting her dream of being a fashion designer on hold.

At the age of 30, Joanne made a U-turn in her career, going from working as a financial planner to designing her own handbags.

"I figured it was now or never," said Joanne, smiling. "I tried different fashion looks with recycled clothing."

In 2005, Mimi's Refashion came to life, when Joanne met a handful of ladies from Toronto.

"I tried different names. Then I was inspired by her (Mimi) named her shop Harps and Thought. What is design spelled backwards? That's how mine came to be," Joanne said.

With over 3,000 products sold over the past five years, Joanne is recognized by fashion designers in the community. Since 2007, her designs have been displayed prominently at high end stores such as the One of a Kind Show and Sale, in Toronto; Originals Store in Ottawa and the Art Market in Calgary.

Her handbags are found as far as Calgary and Stratford, where they will even come to "their wonder rooms," said Virginia Therman, store owner of Random Glaze in

Calgary. "Joanne is part the most incredible person. Her purses are useful, functional and of great quality."

A member of the Kamoka Adams Memorial Award, Joanne does not keep the profits for herself, but rather helps others around her. While teaching Young Green with Your Sewing Machine at the Cambridge Center for the Arts, she is also helping women across the area receive a proper education.

From the money she makes doing the handbags, Joanne, along with the Central Presbyterian Church in Cambridge, sponsors a young woman through the Pennies Project.

People who want to be sponsored must live in a Third World country and fill out an application that has space to tell themselves, what they hope to accomplish in school and their reason after they finish their education.

While these girls were intelligent and spoke new languages, they lacked the financial means to go to university or college

— Joanne Jones

"We want to help people who desire to be educated in their countries and go back into their communities to make a difference. We want them to be who they are, where they're from," said Joanne.

With approximately 150,000 dollars over the past five years, Joanne sponsors students at a time throughout her whole time in school.

"They are given 100 per cent of the tuition in the first two years."

In their third year they are given 75 per cent and 50 per cent in their fourth. The purpose is to let them go unencumbered and then they can get a part time job and fund the rest on their own, said Joanne.

The student currently being sponsored is named Thompson from Lesotho, a country in Africa.

The 19-year-old is studying accounting.

In the near future, Joanne plans to continue her studies in Wales, Italy where she will further her knowledge of fashioning sewing.



Joanne Jones, a local designer, crafts purses to fund education for women in Third World countries.



The purses are made of recycled clothing material, belts, buttons and other clothing accessories.



HOROSCOPE

Week of March 20, 2012



Aries

March 21
April 19

It's time for you to settle down and make things happen. Try and manage your time as best you can.



Libra

September 19
October 22

Everyone around you is having a great week; try and keep that rolling, but don't try and make too much happen at once.



Taurus

April 20 • May 20

Continue to be alert and focused. A long-term goal, just because things may not be happening right now does not mean it won't change.



Scorpio

October 23 • November 21

You are starting to understand the importance of listening; it may mean a lot of analyzing, but it will pay off in the long run.



Gemini

May 21 • June 21

Work away from a situation that is becoming more and more volatile. Doing your real work will help you at all.



Sagittarius

November 22 • December 21

You will be contacted by the little things that work. Try and manage your schedule and hope things will get better.



Cancer

June 21 • July 22

You will be observing the situation from the outside that week, take the time to grow because of it.



Capricorn

December 22 • January 19

Take some time this week to look back after an exhausting month; the summer is right around the corner and will be filled with surprises.



Leo

July 23 • August 22

Don't let your overactive imagination take things too far; there is a simple approach to everything you are doing.



Aquarius

January 20 • February 19

Take care of the tasks that are important to you; don't be afraid to say no to a second situation in order to help someone you care about.



Virgo

August 23 • September 22

You may be realizing you are involved in the wrong things; take a little bit of time to reconsider where you are, and how your new skills fit your advantage.



Pisces

February 19 • March 20

You have been busy as far as professional progress; that week won't get any better. Keep your head up and keep working.

Kenneth Beltrami is the resident astrologist who paged into the abyss and saw at gazing back for the last time, causing the universe to unfold before him.

A great '80s remake

BY MICHAEL BAKER

21 Jump Street is a hilarious hit, thanks to taking a comedian spin on the former television show from the '80s that starred Johnny Depp.

In this film, comed romantic comedy director Josh Zuckerman takes on a different role as director Judd Apatow. To him is Judd Apatow, who plays Det. Schmidt.

The entire movie has been seen, but I think it's the interesting matching of Apatow and Zuckerman. The two perfectly contrast each other's characters, while still working off each other's humor.

Depp and Schmidt and up at the police force, helping each other either with a case or a friend. The two become best friends and partners. They get assigned to go down to 21 Jump Street, where police who have not yet made an arrest.

Movie Review



are out. Their mission is to go undercover as high school students to find out who is the supplier of a new drug in a local high school.

When the two head back to school, playing students, they find out that the entire situation is very different than what they remember.

Depp's "cool" ways, which consist of not putting and being academically busy, are no longer considered cool. His friends that he doesn't fit in like he used to, whereas people come to like Schmidt.

Looking back on the popular one dealing with the confusion of

their youth makes flowering in the youth drug scene even more difficult.

As the two live identity, manage, and chase and unwanted drug use, there is not a boring moment. Most remakes are never as good as the original, but this film took the old television show to a completely different place.

A comedy expert is also made by Josh Zuckerman, showing that the film's producers took a big-hearted approach with the new version.

Director Phil Lord and Chris Weitz took a very simple spin on the movie that allows the actors to make it entertaining and funny.

The comedy, which was released on March 16, is being called "the next Step Brothers."

It topped the box office at each weekend, taking in approximately \$10 million.

Winooski's a great place to eat

BY MIKE BAKER



I recently dined at Winooski's and found the food amazing, but the service was very better.

We were seated the moment we arrived and our server, Chris, appeared somewhat out of nowhere. His name and address were on the menu. Chris, appeared somewhat out of nowhere. His name and address were on the menu.

The restaurant was full, including the patio thanks to an early warm March day.

When we arrived, our server, Chris, appeared somewhat out of nowhere. His name and address were on the menu.

My father's chicken sandwich was cooked perfectly and a glass of water my mom and dad shared was huge. Both said they were fantastic and loaded with features including some very spicy peppers. The menu also featured some very spicy peppers. The menu also featured some very spicy peppers.

got the name. The menu was amazing, the atmosphere was beautiful and the food was very crunchy.

We were offered dessert but we were full. Next time I go I'll have to make sure I get the apple pie — it is something like the other food I'll be delicious.

Very happy to experience after arrival, we had our first meal, which included \$10. An amount that was well worth the quality and quantity of food and service we received.

Overall, Winooski's is a great place to eat. The service is fast and the atmosphere is fun. I strongly recommend the restaurant to anyone who loves good food and an amazing atmosphere.

SWEATING AND EARNING MARKS AT THE SAME TIME



Official announcements: marathon projects volunteers held a fitness exercise class on March 14 as a class project. They encouraged passersby to join them.

PHOTO BY JEFF BAKER

Facts About Parkinson's



April is Parkinson's Awareness Month

What is Parkinson's?

Parkinson's is a neurodegenerative disease. Movement is controlled by dopamine, a chemical that carries signals between the nerves and the brain. When cells that normally produce dopamine die, the symptoms of Parkinson's appear.

Who gets Parkinson's?

Parkinson's affects approximately 180,000 Canadians and 6.3 million people worldwide; men and women from all ethnic backgrounds. Although the average age of onset is 60, it also affects people as young as 30 and 40 (called Young-Onset Parkinson's).

How is Parkinson's Diagnosed?

A diagnosis of Parkinson's takes time. There are no x-rays or tests to confirm Parkinson's; a diagnosis is made after a thorough assessment by a neurologist (a specialist trained in Parkinson's).

What are the symptoms of Parkinson's?

The most common symptoms are tremor, slowness and stiffness, balance problems and/or rigidity of the muscles. Other symptoms include fatigue, soft speech, writing problems, stooped posture, constipation, sleep disturbances, and depression.

Is there a cure for Parkinson's?

Currently there is no cure. But there are many promising research projects under way, including finding and understanding the causes and developing better treatments. Many researchers now claim that a cure can be found in the next ten to fifteen years. In the last four years Parkinson Society Canada has contributed just over \$4.15 million in new research grants.

How is Parkinson's treated?

Parkinson's is treated with medication, which can reduce symptoms, but may cause side effects. Physical and occupational therapy and exercise are also helpful. As the disease advances, medications will need to be adjusted. A small percentage of people with Parkinson's may benefit from brain surgery.



Parkinson Society Canada
Soci t  Parkinson Canada

1-800-545-3000
www.parkinson.ca



Everything's harder when
your body turns against you.

Kitchener boxer wants to wear champion's belt again

By SHERRILL DALRY

Kitchener's own world boxing champion Felix (The Whipl) Vanderpool, is lining up his gloves and stepping out of retirement for a second go at professional boxing.

"Vanderpool will train hard — or than ever — to obtain the Canadian Professional Championship Belt — a belt he held once before."

"I'm ready to come back I've got nothing but business," said Vanderpool, standing in his third floor boxing gym, located at 121 Charles St.

At 44 years old, Vanderpool is confident that his age won't hold him back.

"They'll tell you one of the first things you lose in boxing is your speed. My speed isn't gone neither," he says with a grin.

Two years ago, while watching one of Canada's boxing champions fight on TV, Vanderpool thought to himself "I could beat that guy. That's my job. I'm gonna beat it again."

"I've always told myself I could be the best in this country at 44."

Although four years passed,

Vanderpool, who has been training against heavy, his underwent training himself in preparation for his return fight.

"It's a matter of how you live and how you conduct yourself and whether you're willing to work to whatever is necessary to get the job done," said Vanderpool regarding his age.

Neither a diva, nor an opponent, have been selected for Vanderpool's return bout. However, Vanderpool figures his first match will take place around April or May.

Since he broke his arms about his return to professional boxing, many have been quick to "bully"

As reported by the Boxing Examiner, fellow Canadian boxer, James Douglas, has called Vanderpool a "punch champion" who has won "no real world title."

Although Vanderpool has offered to go head-to-head with Douglas in the ring, Douglas has yet to accept the offer, saying that there is no honour in beating up an "over the hill fighter."

"I'm getting all these letters who don't wanna see me go back and do what I'm gonna do," said Vanderpool.



PHOTO BY SHERRILL DALRY

Formerly retired world boxing champion Felix Vanderpool, is going to step back into the ring after seven years.

In addition to a barrage of taunts — www.vanderpool.com — Vanderpool had to undergo a skills test in order to return to professional fighting.

In front of a panel of all-

male Vanderpool had to spar 11 rounds with five different partners to demonstrate his capabilities.

"The tests and the path that I went through getting ready to get licensed, if it wasn't for this test, I would never have

passed those tests," said Vanderpool.

To track Vanderpool's journey back into professional boxing, visit his website at www.vanderpoolboxing.com, or follow him on Twitter — [officialvanderpool](https://twitter.com/officialvanderpool).



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